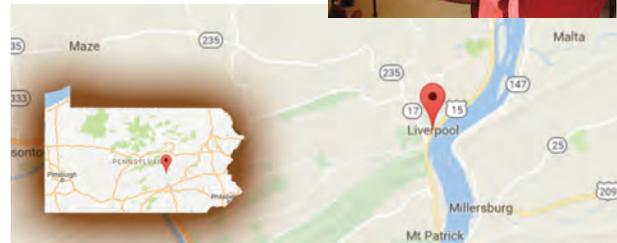


space reserved for participant quotes

tucked away in the picturesque  
Susquehanna River Valley



Our campus consists of five residential homes nestled in the village of Liverpool, in central rural Pennsylvania. It offers a scenic, relaxed setting. Guests stay in a Heartstream guesthouse. This provides a comfortable "family" experience, including meals and group activities.



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Heartstream Resources is incorporated as a non-profit 501(c)3 religious organization. Application has been made for membership in the Evangelical Council for Financial Accountability (ECFA). Donations are tax deductible.

## Intensive Care Program



a holistic care program  
for global workers in need  
of restoration and refreshing





The Heartstream® Intensive Care Program emphasizes practical application to the caring of the whole person. Close attention is given to the relationship of personality type in regards to team work, leadership styles, communication styles, stressors and stress symptoms.

Factors of influence in the individual's development are examined in the light of stresses occurring in field settings.



**Lois Dodds, Ph.D.** has taught graduate courses in over 40 countries. She has devoted more than 35 years to the care and training of missionaries, including 23 years in Wycliffe Bible Translators and the Summer Institute of Linguistics and 15 years teaching graduate courses abroad.

## Two Week Program of Intensive Care

### Foundations of Missionary Care

Step away from the demands and stresses of missionary life and step into living in caring community. The Heartstream staff of counselors, pastors, cooks, and others under the direction of Dr. Lois Dodds will guide you through support and care for your restoration.

Cross-cultural workers who are suffering exhaustion, depletion, depression, burnout or other crisis as a result of ministry will be strengthened and encouraged.

Staff and guests live together with a high degree of interaction. The needs of the whole person are attended. Small groups provide an ideal setting for maximizing healing.

Our professional staff for this program has decades of overseas/cross-cultural/mission experience.



*“... bestow on them a crown of beauty instead of ashes, the oil of joy instead of mourning, and a garment of praise instead of a spirit of despair. They will be called oaks of righteousness, a planting of the LORD for the display of his splendor.” —Isaiah 61:3, NIV*

## Facets of the Heartstream Intensive Care Program

This intensive program provides:

- Spiritual care, including daily worship and healing prayer, pastoral counseling and sharing of Biblical insights helpful in sorting out issues relating to God, self and mission ministry.
- Individual and group counseling daily, assisting individuals, couples and families to deal with issues related to ministry. Group sessions give opportunity for processing common experiences.
- Assessment of health status, nutritional needs and stress management related to physical health, and recommendations or referrals as needed.
- Daily instruction for education and prevention relating to stressors of field life, symptoms of stress, coping strategies; communication and conflict skills and other topics related to field and organizational life. Journal writing and a variety of tools are used for enhancing personal effectiveness.
- Recreation and rest, with daily exercise.

Celebrating  
**25 Years!**



Learn more online at  
[HeartStreamResources.org](http://HeartStreamResources.org)